



## PARKS & RECREATION

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### HOPE MILLS PARKS & RECREATION COVID-19 PREVENTION SPECIAL RULES

1. If you have symptoms related to COVID-19 or feeling sick, please stay home.
2. Avoid unnecessary contact, including but not limited to, high fives, handshakes, fist bumps, hugs and horseplay.
3. Avoid physical closeness and keep six feet of distance at all times.
4. Coaches, spectators, and employees shall wear face coverings.
5. Parents of children participating in sports programs will determine if their child should wear face coverings.
6. Players and coaches shall clean their hands before and after practices, games and sharing of equipment.
7. Cover coughs and sneezes with a tissue or use the inside of your elbow. Then immediately wash and sanitize your hands.
8. Avoid spitting or intentionally emitting droplets.
9. Do not share towels, clothing, or any items used to wipe your face or hands.
10. Keep personal belongings separated from others, including but not limited to water bottles and equipment when not in use.
11. Notify a coach, parent or staff member if you do not feel well during practice or game time.
12. Do not exchange hand shakes after games. Instead, line up with space between each team and say "Good game".
13. Parents **ARE NOT** permitted to enter the sports fields at any time. Please stay in designated spectator area.